



# ***Marcus Morris***

*National Academy  
of Sports Medicine  
Certified Personal Trainer*



Marcus found a passion for fitness in college. After developing an interest in bodybuilding, his peers began to take notice of his results and started to ask for advice. From there, he knew he wanted to help others reach their goals. Marcus is grateful for everything he has learned through fitness: discipline, determination, gratitude, goal setting, confidence and more. Those pillars of success are what he wants to share with others. Marcus will motivate you to meet your best potential and exceed all of your goals!

[www.mykroc.org/personal-training](http://www.mykroc.org/personal-training)